



The "Mixx" Served with fresh bread. \$4.95 (3 mixx-ins) \$7.95 (5 mixx-ins)

1. Pick your Greens:

- Wild Field Greens
- Hearts of Romaine
- Spinach
- Arugula
- Napa/Red Cabbage
- Iceberg

2. Choose Your Dressing

- Balsamic Vinaigrette
- Buttermilk Ranch
- Orange Miso Vinaigrette
- Champagne Honey Vinaigrette
- Caesar*
- Stone-Ground Mustard Vinaigrette (Low-Fat)
- Pear Ginger Vinaigrette (Non-Fat)
- Jalapeno Lime Vinaigrette
- Tarragon Shallot Vinaigrette
- Spicy Sicilian Vinaigrette
- Creamy Gorgonzola

3. Choose Your Mixx-Ins:

FRUITS, VEGGIES, & HERBS		CHEESE, PROTEINS & LEGUMES	NUTS, SEEDS & GRAINS
Granny Smith Apples	Roasted Red Peppers	Mozzarella	Candied Pecans
Dried Cranberries	Fire Roasted Corn	Gorgonzola	Walnuts
Orange Wedges	Scallions	Feta	Roasted Peanuts
Golden Raisins	Sweet Peas	Goat Cheese	Pine Nuts
Pineapple	Wasabi Peas	Parmesan	Soy Nuts
Sun-Dried Tomatoes	Sugar Snap Peas	Queso Fresco	Sliced Almonds
Roma Tomatoes	Fresh Roasted Beets	Smoked Bacon	Pumpkin Seeds
Kalamata Olives	Herb Roasted Potatoes	Egg	Sunflower Seeds
Artichoke Hearts	Fresh Herb Medley	Edamame	Hickory Smoked Almonds
Grilled Sweet Onions	Roasted Yams	Black Beans	Black Sesame Seeds
Raw Red Onions	Fried Capers	Northern White Beans	Crunchy Croutons
Julienne Carrots	Haricot Vert	French Lentils	Crispy Noodles
English Cucumbers	Herb Roasted Garlic		Tortilla Strips
Balsamic Mushrooms	Fresh Jalapenos		Crisp Wonton Wedges
			Buckwheat Soba Noodles

4. Add to your "Mixx"

Herb Marinated Steak,* Grilled Atlantic Salmon,* Chilled Shrimp or Seared Rare Tuna*	\$3.95
Grilled Chicken, Roasted Turkey or Grilled Portobello Mushroom	\$1.95
Central Soy Organic Extra Firm or Smoked Tofu	\$2.25
Avocado or Anchovy Filets	\$1.00
Extra Mixx-In, Extra Dressing or Extra Roll	\$.75

Specialty Salads

Sante Fe Chicken Salad	\$7.95 mini	\$9.95 full
Grilled chicken breast, julienne carrots, tortilla strips, fire-roasted corn, black beans, queso fresco, wild field greens and romaine tossed with jalapeño lime vinaigrette.		
Palermo Insalata	\$5.95 mini	\$7.95 full
Roasted red pepper, Northern white beans, fried capers, parmesan, crunchy croutons, raw red onion, iceberg and romaine tossed with spicy Sicilian vinaigrette. Add Grilled Chicken: \$1.95		
Garden of Eden	\$4.95 mini	\$7.95 full
Crisp Granny Smith apples, candied pecans, gorgonzola and wild field greens tossed with champagne honey vinaigrette. Grilled Chicken: add \$1.95		
Rustic Beet Salad	\$5.95 mini	\$7.95 full
Fresh roasted beets, hickory smoked almonds, roasted yams, goat cheese, spinach and arugula tossed with tarragon shallot vinaigrette. Grilled Smoked Tofu: add \$2.25		
Thai Salmon Salad	\$8.95 mini	\$10.95 full
Grilled Atlantic salmon,* julienne carrots, English cucumbers, edamame, black sesame seeds, wild field greens, Napa and red cabbage tossed with orange miso vinaigrette and topped with Thai chili sauce.		
Knife & Fork	\$7.95 mini	\$9.95 full
Grilled steak,* herb roasted potatoes, grilled sweet onions, Roma tomatoes, gorgonzola and wild field greens tossed with balsamic vinaigrette.		
Health Nut	\$8.95 mini	\$10.95 full
Grilled Atlantic salmon,* dried cranberries, walnuts, raw red onion, soy nuts and spinach tossed with non-fat pear ginger vinaigrette.		
Tuna Niçoise	\$7.95 mini	\$9.95 full
Seared rare tuna,* haricot vert, egg, roasted potatoes, kalamata olives, tomatoes, field greens and romaine tossed with tarragon shallot vinaigrette.		
Main Street Chop Chop	\$7.95 mini	\$9.95 full
Roasted turkey, white beans, lentils, Roma tomatoes, sugar snap peas, romaine, spinach, and mozzarella chopped and tossed with stone-ground mustard vinaigrette (low-fat).		
Shanghai Chicken Salad	\$7.95 mini	\$9.95 full
Grilled chicken breast, fresh pineapple, buckwheat soba noodles, peanuts, black sesame seeds, carrots, Napa and red cabbage tossed with orange miso vinaigrette.		
Hail Caesar	\$4.95 mini	\$7.95 full
Romaine lettuce, crunchy croutons and parmesan cheese tossed with Caesar dressing.* Grilled Chicken: add \$1.95 Grilled Atlantic Salmon: add \$3.95		

Homemade Soups Served with Farm to Market bread.

- Cup (6oz.) \$3.25
- Bowl (12oz.) \$5.25
- Bowl and Mini Mixx \$8.95

Pasta Sauté Please see seasonal menu for pasta options.

- Half Order \$4.95
- Full Order \$8.25

Signature Sandwiches and Wraps

Served with choice of potato chips or chef's daily side salad. Substitute fries, sweet potato fries, garlic mashers, cup of soup or Mixx greens: \$1.50

The Country Club \$8.95
Roasted turkey, honey smoked ham, bacon, cheddar cheese, lettuce and tomato with honey-Dijon aioli served on a ciabatta.

North Beach Special \$8.95
Prosciutto, salami, fresh mozzarella, roasted red pepper, tomato, wild field greens and fresh basil with olive oil and vinegar served on a ciabatta.

Classic Blue \$9.95
Marinated grilled steak,* grilled sweet onions and balsamic mushrooms with a blue cheese aioli on a french baguette.

Daily Fresh Fish Sandwich Market Price

Pretzel Chicken Sando \$8.95
Grilled chicken, pepper jack cheese, grilled sweet onions, tomato, spinach, garlic aioli on toasted pretzel bread.

Seaside Sliders \$8.95
Housemade ground salmon patty, spinach, shredded red cabbage and lemon tarragon aioli on grains galore bun. Two sliders per order.

Veggie Stack \$8.95
Herb grilled portobello mushroom, roasted red peppers, grilled sweet onions, havarti cheese, arugula with tzatziki on a semolina bun.

Provence Melt \$8.95
Honey smoked ham, brie cheese and cornichons served with honey-Dijon aioli on French baguette.

Waldorf Chicken Salad Sandwich \$8.15
Grilled chicken, Granny Smith apples, golden raisins and walnuts in a creamy sage dressing served with wild field greens on a butter croissant.

"Create Your Own Sandwich" \$8.15

One meat, one bread, one cheese. Choose spread and garnish.

MEATS	BREADS	CHEESE	SPREADS	GARNISH
Roasted Turkey	Sliced Sourdough	Havarti	Honey Dijon Aioli	Wild Field Greens
Salami	Sliced Grains Galore	Provolone	Garlic White Bean	Tomato
Honey Smoked Ham	Sliced Walnut Raisin	Swiss	Dijon Mustard	Cornichons
Grilled Chicken	Focaccia Bun	Cheddar	Lemon Tarragon Aioli	Raw Red Onion
Tuscan Tuna Salad	Crispy Baguette	Fresh Mozzarella	Mayonnaise	Grilled Sweet Onion
Waldorf Chicken Salad	Butter Croissant	American	Yellow Mustard	Spicy Banana Peppers
Curry Egg Salad	Ciabatta	Pepper Jack	Olive Oil & Vinegar	Roasted Red Peppers
Bacon	Pretzel Roll	Brie	Curry-Tomato Chutney	Balsamic Mushrooms
Organic Tofu	Semolina Bun		Tzatziki	

Vegan Curry Sweet Potato Wrap \$7.95
Roasted sweet potato, curry-tomato chutney, coconut-ginger sauce, and arugula wrapped in a sweet cardamom tortilla. **Smoked Tofu:** add \$2.25

The Cobb Wrap \$8.95
Roasted turkey, tomato, avocado, bacon, wild field greens, creamy gorgonzola, oil and vinegar wrapped in a whole wheat tortilla.

Mediterranean Veggie Wrap \$7.95
Haricot vert, mushrooms, roasted red peppers, garlic white bean spread, and spinach tossed with tarragon shallot vinaigrette in a spinach tortilla.

Half Sandwich Combos \$8.95

Choose from featured sandwich of the day or create your own sandwich. Served with a bowl of soup or selected mini salad:

Greek Garden of Eden Caesar Classic Garden Salad

Sides and Snacks

Blue Cheese Garlic Bread	\$3.75	Crispy Polenta Cake served with Tomato Basil Salsa	\$3.95
French Fries	\$2.75	Sweet Potato Fries with Pineapple-Curry Aioli	\$3.75
Garlic Mashers	\$2.95		
Crispy Chickpeas with Sea Salt	\$3.25		
Sautéed Seasonal Veggies	\$3.95	Homemade sweets available daily.	

Quenchers

The Mixx offers Coke products, agua fresca, brewed iced tea, coffee, and fresh squeezed lemonade. Select wine, beer, and vodka lemonades also available. Please ask cashier for details.

Kids menu available. Ask for details!

The Mixx supports local companies such as The Roasterie, Farm to Market Bread Company, Central Soy Tofu, The Herb Company and Boulevard Brewing Company. All fishes and meats served at The Mixx are chemical free and hormone free. Please inform the manager on duty if you have any food allergies or special requests. Prices do not include sales tax. Menu items and pricing are subject to change.

Split charge of \$1.00 for to-go items.

** Items cooked to order. The consumption of raw or undercooked animal products may increase your risk of a foodborne illness.*

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